



Daniela Coronelli MrsT, PGSE

Bridgetown, Totnes, Devon

www.ecolifewellness.org

lifehealingarts@yahoo.co.uk / m4w.info@gmail.com

Telephone: 01803-862653 & 07941-841555

FEES:

MINDFULNESS COACHING & SEIKI-SHIATSU

Face 2 Face & Online Sessions

Initial consultation, one off (up to 75 mins): £55

Includes the taking of your health/lifestyle history, initial assessment and a full session

Follow up (up to 60 mins): £45

Includes a full session, customised recommendations and/or relevant customised exercises

Evening appointments from 17.30 hrs.: £55

Up to 30 mins Shiatsu sessions: £30

In these sessions, the main focus is on relaxation & well-being

6 full sessions paid in advance: £270

Online Sessions on Zoom, WhatsApp or Phone

Distance Healing Seiki-Shiatsu

- Initial consultation (up to 70mins): £55
- Follow-up (up to 60mins): £45

Mindfulness Coaching

- Up to 60mins: £45

Longer Sessions are charged pro-rata

Gift Vouchers on request

Concessions:

There are a limited number of concessions available, for those on benefits or low income. For more information about these, please contact Daniela on: lifehealingarts@yahoo.co.uk

OTHER SERVICES:

Face2Face combined "Mindfulness for Stress and/or Pain Management"
& Seiki-Shiatsu: £65

Includes Mindfulness Coaching (60 mins) followed by Shiatsu (30 mins), rarely offered in this combination to support you to integrate fully in your body the processing of difficult emotions, moods and/ or recurring fastidious thoughts

PLEASE NOTE:

Missed appointments and/or cancellations with less than 48 hours' notice may be charged in full.