

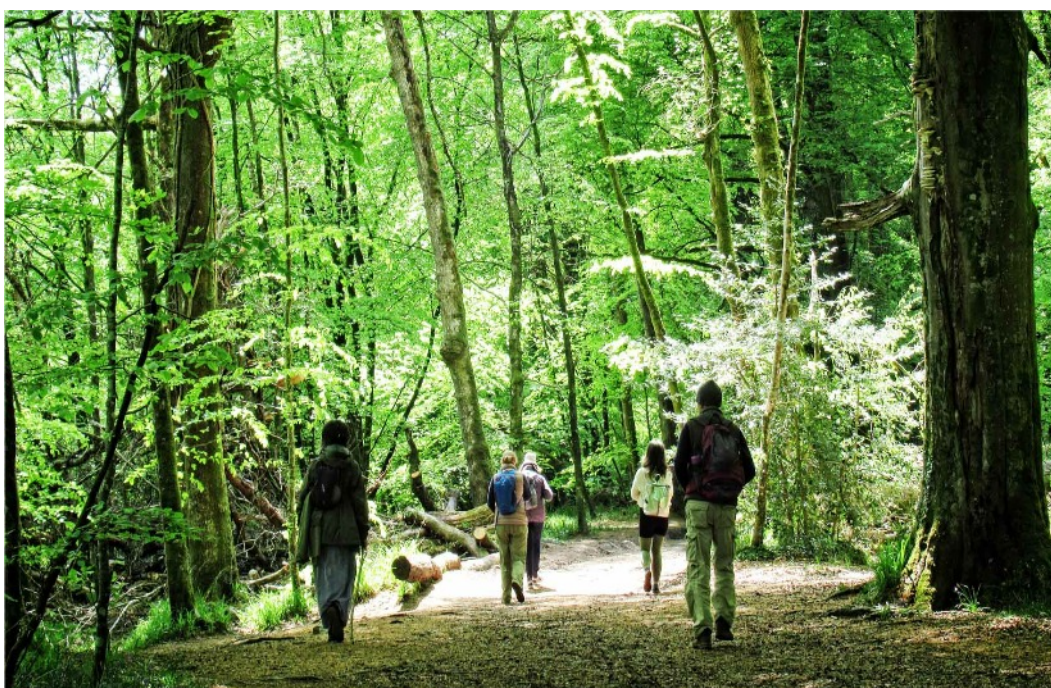
MINDFUL ECOTHERAPY AUTUMN DAY RETREAT



26 October 2025 10:15am - 4.30pm

*At The Glade - Community Venue, in the still ambience of
North Woods, Dartington Estate, Totnes, Devon, TQ9 6NS*

Day Retreats programme for the benefit of the
Community Health and Wellbeing, created and
facilitated by Daniela Coronelli, of 'Eco Life Wellness',
in collaboration with 'Woods for Wellness'



"Look at a tree, a
flower, a plant. Let
your awareness rest
upon it. How still they are,
how deeply rooted in
Being. Allow nature to
teach you stillness"
~ Eckhart Tolle

COST (7 places): £40

Low Income Cost (5 places) £15-£30

Max number of places: 12 & Minimum number: 6

MORE INFORMATION & BOOKING:

<https://www.ecolifewellness.org/mindful-by-nature-day-retreats>

Contact: Daniela Coronelli
Email: EcoLW.info@gmail.com

Book Direct on Eventbrite:

<https://www.eventbrite.co.uk/e/mindful-ecotherapy-day-retreats-tickets-1077266807019>

